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5 **Moving towards a novel therapeutic strategy for hyperammonemia that targets**
6 **glutamine metabolism**

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37 **Summary**

38

39 Patients with urea cycle disorders intermittently develop episodes of decompensation
40 with hyperammonemia. Although such an episode is often associated with starvation
41 and catabolism, its molecular basis is not fully understood. First, we attempted to
42 elucidate the mechanism of such starvation-associated hyperammonemia. Using a
43 mouse embryonic fibroblast (MEF) culture system, we found that glucose starvation
44 increases ammonia production, and that this increase is associated with enhanced
45 glutaminolysis. These results led us to focus on α -ketoglutarate (AKG), a glutamate
46 dehydrogenase inhibitor and a major anaplerotic metabolite. Hence, we sought to
47 determine the effect of dimethyl α -ketoglutarate (DKG), a cell-permeable AKG analog,
48 on MEFs and found that DKG mitigates ammonia production primarily by reducing
49 flux through glutamate dehydrogenase. We also verified that DKG reduces ammonia in
50 an NH_4Cl -challenged hyperammonemia mouse model and observed that DKG
51 administration reduces plasma ammonia concentration to 22.8% of the mean value for
52 control mice that received only NH_4Cl . In addition, we detected increases in ornithine
53 concentration and in the ratio of ornithine to arginine following DKG treatment. We
54 subsequently administered DKG intravenously to a newborn pig with hyperammonemia
55 due to ornithine transcarbamylase deficiency and found that blood ammonia
56 concentration declined significantly over time. We determined that this effect is
57 associated with facilitated reductive amination and glutamine synthesis. Our present
58 data indicate that energy starvation triggers hyperammonemia through enhanced
59 glutaminolysis and that DKG reduces ammonia accumulation via pleiotropic
60 mechanisms both *in vitro* and *in vivo*. Thus, cell-permeable forms of AKG are feasible
61 candidates for a novel hyperammonemia treatment.

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65 **Synopsis**

66 Cell-permeable α -ketoglutarate is a feasible candidate for a novel hyperammonemia
67 treatment.

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73 **CONFLICT OF INTEREST**

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76 Yoshiro Yamashita and Makoto Yoshino declare that they have no conflict of interest.

77

78 **ANIMAL RIGHTS**

79 All institutional and national guidelines for the care and use of laboratory animals were
80 followed.

81

82 **AUTHOR CONTRIBUTIONS**

83 Kaori Fukui, Tomoyuki Takahashi and Makoto Yoshino performed *in vitro* and *in vivo*
84 experiments, and drafted manuscript, Hitomi Matsunari and Ayuko Uchikura performed
85 *in vivo* experiments. Naotada Ishihara advised on biochemical analysis. Masahito
86 Watanabe contributed to development of genetically engineered ornithine
87 transcarbamylase-deficient pig model. Hiroshi Nagashima supervised animal
88 experiments and critically appraised the draft. Tatsuyuki Kakuma performed statistical
89 analyses. Yoriko Watanabe performed biochemical analyses. Yoshiro Yamashita
90 supervised the drafting process.

91

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99

100 **KEYWORDS**

101 hyperammonemia - glutaminolysis - anaplerosis - α -ketoglutarate - glutamate
102 dehydrogenase - glutaminase - ornithine transcarbamylase deficiency

103

104 **AVAILABILITY OF DATA**

105 Data pertinent to the present article are available upon request from the corresponding
106 author, Makoto Yoshino at <yoshino_m@space.ocn.ne.jp>.

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109 1 INTRODUCTION

110

111 Patients with urea cycle disorders may develop decompensation with hyperammonemia
112 intermittently. Some such episodes are often associated with starvation, although the
113 events that trigger this type of decompensation are often compounded. As a first-tier
114 measure to treat such decompensation, intravenous administration of hypertonic glucose
115 solution (plus insulin when necessary) and lipid emulsion are recommended to prevent
116 body protein catabolism.¹ However, the molecular basis for hyperammonemia induction
117 by starvation in patients with urea cycle disorders remains to be addressed. The process
118 from body protein degradation to ammonia production involves two steps, namely the
119 degradation of body protein into free amino acids and the subsequent release of
120 ammonia from such amino acids. Free amino acids are either incorporated into body
121 protein or oxidized after they undergo transamination and transfer their amino group
122 onto glutamate.² Glutamate is further aminated to form glutamine by glutamate
123 ammonia ligase (GLUL, EC: 6.3.1.2). Glutamine also undergoes γ -deamination by
124 glutaminase to generate glutamate and ammonia. The glutamine degradation pathway is
125 therefore the ultimate exhaust port for amino acid-derived ammonia.

126 Two glutaminase isoenzymes, namely GLS (EC:3.5.1.2) and GLS2
127 (EC:3.5.1.2) have been identified. GLS, encoded by *GLS*, is broadly expressed in
128 normal tissue (“kidney-type”); GLS2, encoded by *GLS2*, is expressed primarily in the
129 liver (“liver-type”).^{3, 4, 5} Glutamate is metabolized to α -ketoglutarate (AKG) by two
130 pathways (Figure 1A).³ Glutamate is transaminated to asparatate by glutamate
131 oxaloacetate transaminase (GOT). Glutamate is also transaminated to alanine by
132 glutamate pyruvate transaminase isoenzymes GPT1 (EC:2.6.1.3) and GPT2
133 (EC:2.6.1.7). These transamination reactions do not release ammonia. Glutamate also
134 undergoes oxidative deamination by glutamate dehydrogenase (GLUD), which is
135 associated with ammonia production. Which of the two pathways predominates is
136 determined by a variety of factors, including cell type and glucose availability.^{3, 5}

137 Two glutamate dehydrogenase isoenzymes are known, namely GLUD1 (EC:
138 1.4.1.3) encoded by *GLUD1* and GLUD2 (EC: 1.4.1.3) encoded by *GLUD2*. GLUD1 is
139 expressed in a variety of tissues, including the liver, while GLUD2 is expressed in
140 neural and testicular tissues.⁶ The activities of these enzymes are regulated not only by
141 allosteric effectors but by post-translational modifications exerted by sirtuins located in
142 the mitochondrial matrix, namely SIRT3,⁷ SIRT4,^{8, 9} and SIRT5.^{10, 11, 12, 13} This
143 sequential process whereby the glutamine carbon skeleton feeds the TCA cycle via
144 AKG is called glutaminolysis, a typical anaplerotic reaction, and these are the reactions

145 that eventually release amino acid–derived ammonia. Herein, we propose a mechanism
146 whereby starvation triggers ammonia production and present the rationale for a strategy
147 to alleviate starvation-induced ammonia production. Moreover, we present evidence
148 that this mechanism as well as some additional mechanism work in animal models of
149 hyperammonemia as well.

150

151

152 **2 MATERIALS AND METHODS**

153

154 **2.1 Cell cultures**

155

156 Mouse embryonic fibroblasts (MEF) stably expressing GFP-LC3 were a gift from Prof.
157 N. Mizushima (The University of Tokyo). We intended to devise an *in vitro* system to
158 measure the ammonia production capacity in isolation by excluding the contribution
159 from ammonia removal. MEF meets this prerequisite because they lack the means to
160 synthesize urea. MEF was first grown overnight in a standard Dulbecco's modified
161 Eagle medium (DMEM) containing 25 mM glucose and 2 mM glutamine but no
162 glutamate. They were later cultured in other media as specified. All cultures were run in
163 duplicate, and the results presented are the means of data from multiple experiments
164 performed on independent occasions. The total number of experiments performed is
165 indicated by “*n*.” A dish that contained only cell-free culture medium (cell-free blank)
166 was included in each experiment and ammonia or amino acid concentration values
167 thereof were subtracted from those in test dishes. Metabolite concentration refers to
168 such a net value hereafter unless otherwise specified.

169

170 **2.2 Determination of ammonia, amino acids, and α -ketoglutarate and calculation 171 of fluxes through glutaminase and glutamate dehydrogenase**

172

173 Ammonia concentration in the culture medium was measured by an enzymatic method
174 employing bovine liver glutamate dehydrogenase¹⁴ with necessary modifications to
175 allow measurements on a 96-well plate (Supplementary Material 1). In *in vivo*
176 experiments, ammonia concentrations in venous blood or plasma were measured by a
177 microdiffusion method using a PocketChem BA PA-4146^R analyzer (Arkray Factory,
178 Koka, Japan). Amino acids in the medium and blood plasma were quantified with an
179 automated amino acid analyzer based on ion exchange column chromatography and
180 post column derivatization with ninhydrin (AminoTac JLC-500/V, Japan Electron

181 Optics Laboratory, Tokyo, Japan). AKG in plasma was determined using a
182 commercially available kit (α -Ketoglutarate Assay Kit, MAK054, Sigma-Aldrich, St.
183 Louis, U.S.A). We calculated fluxes through GLS, GLUD, and GOT employing values
184 for ammonia and some amino acids, excluding alanine, that exhibited no significant
185 difference between glucose-replete and glucose-starved cultures, according to the
186 following equations^{15, 16}: (1) GLS flux = GLUD flux + GOT flux + Δ glutamate; (2)
187 GLUD flux = (Δ ammonia - GOT flux - Δ glutamate)/2; and (3) GOT flux = Δ aspartate,
188 where Δ denotes the net value of a metabolite's concentration, and the unit for flux is
189 $\mu\text{mol}\cdot\text{L}^{-1}\cdot 24\text{ h}^{-1}\cdot 1 \times 10^6\text{ cells}^{-1}$.

190

191 **2.3 Quantitative reverse transcription PCR (qRT-PCR)**

192

193 cDNA was prepared for use in qRT-PCR which was performed on a LightCycler Nano
194 (Roche Diagnostics, Basel, Switzerland) as previously reported.¹⁷ mRNA levels were
195 determined by the $\Delta\Delta C_t$ method and normalized against the level of glyceraldehyde 3-
196 phosphate dehydrogenase (*GAPDH*) mRNA. Primer sequences and temperature
197 conditions employed are shown in Supplementary Material 2.

198

199 **2.4 Western blotting**

200

201 Cells were briefly rinsed with ice-cold phosphate-buffered saline (-), scraped off,
202 collected and solubilized in a lysis buffer containing protease and phosphatase
203 inhibitors. Western blotting was performed using rabbit anti-glutamate dehydrogenase
204 1/2 (D9F7P) mAb, #12793 (Cell Signaling Technology), anti-glutaminase antibody
205 [EP7212] ab 156875 (Abcam), rabbit anti-glutamine synthetase antibody G2781
206 (Sigma-Aldrich), and mouse anti-GAPDH (clone 6C5) monoclonal antibody (Millipore)
207 as primary antibodies. CFTM 680- or CFTM 770-conjugated goat anti-mouse or rabbit
208 IgG secondary antibodies (Biotium, Hayward, CA, USA) were used as secondary
209 antibodies. Fluorescence emission spectra were acquired and quantified using an
210 Odyssey CLx infrared imaging system (LI-COR Biosciences, Lincoln, NE, USA).
211 For quantitative comparisons, band fluorescence intensities of all of eight specimens
212 were first related to that of specimen 1 for each protein series, including β -actin. These
213 ratios were subsequently normalized to that of β -actin to yield a "relative intensity."

214

215 **2.5 *In vivo* experiments**

216

217 We determined whether dimethyl α -ketoglutarate (DKG), a cell-permeable analog of
218 AKG, can alleviate hyperammonemia in animal models. First, we asked whether DKG
219 can reduce hyperammonemia *in vivo* using a NH_4Cl -challenged mouse model.¹⁸
220 C57BL/6 mice, aged 10 weeks that weighed 21.5 ± 0.5 g, were used. Mice were fed *ad*
221 *libitum* until 2 h before the experiment and divided into three cohorts, each of which
222 included six mice. The mice were injected intraperitoneally (i.p.) with either saline
223 (cohort 1) or one of the following chemicals dissolved in saline: $10 \text{ mmol}\cdot\text{kg}^{-1}$ NH_4Cl
224 only (cohort 2), or $10 \text{ mmol}\cdot\text{kg}^{-1}$ NH_4Cl and $5 \text{ mmol}\cdot\text{kg}^{-1}$ DKG (cohort 3). Blood was
225 obtained by left ventricle centesis under isoflurane inhalation deep anesthesia with a
226 syringe wetted with heparin 30 min after dosing. The blood was subsequently
227 centrifuged at $1,000 \text{ g}$ for 10 min and plasma was recovered.

228 We tested the effect of DKG in a male newborn pig with genetically
229 engineered ornithine transcarbamylase deficiency (OTCD).^{19,20} This pig carried a five
230 base-pair deletion (c.186_190delTCTGA) in exon 2 of the *OTC* gene. DKG was first
231 given at 3 h 40 min after delivery as an intravenous (i.v.) bolus at a dose of 1.44
232 $\text{mmol}\cdot\text{kg}^{-1}$ diluted in 2 mL of Hartmann's solution containing 5% glucose (HSG),
233 followed by continuous infusion at a rate of $1.44 \text{ mmol}\cdot\text{kg}^{-1}\cdot 24 \text{ h}^{-1}$ diluted in HSG for
234 the first 4 h. Subsequently, the injected fluid was shifted to the same solution without
235 DKG until the animal was euthanized 9 h into the experiment. This fluid provided 14.4
236 $\text{kCal}\cdot\text{kg}^{-1}\cdot 24 \text{ h}^{-1}$, as glucose. To determine ammonia and AKG levels, blood was drawn
237 at specified time points via the indwelling catheter placed in the superior vena cava
238 under isoflurane anesthesia and analgesia. An aliquot of whole blood was subjected to
239 ammonia determination within 1 min after sampling and plasma was recovered from the
240 remaining blood by centrifugation. Recovered plasma was stored at -30°C until use.

241

242 **2.6 Statistical analysis**

243

244 Either one- or two-way analysis of variance (ANOVA) were used to test the significance
245 of effects exerted by experimental factors. ANOVA was followed by either Student's *t*-
246 test or exact Wilcoxon signed rank test for pairwise comparisons. Longitudinal
247 measurements were examined by using mixed effects models. We set $p < 0.05$ as the
248 significance level. Numbers of experiments or mice used (*n*) as well as statistical
249 methods are given in each subscript.

250

251

252 **3 RESULTS**

253

254 **3.1 Glucose starvation enhances ammonia production in cultured mouse** 255 **embryonic fibroblasts**

256

257 We first tried to devise an *in vitro* model of energy deficiency–induced ammonia
258 production. The ammonia concentration observed in this experiment represents only the
259 amount of ammonia that is produced. Ammonia removal can be neglected because
260 MEFs cannot synthesize urea. MEFs were cultured in DMEM overnight before being
261 switched to media containing various concentrations of glucose ranging from 0 to 25
262 mM for an additional 24 h. The ammonia concentration in the culture medium
263 significantly increased at 0 mM glucose compared with 25 mM (Figure 1B). Thus, in
264 the following experiments, cultures in media with either no glucose added or with 25
265 mM glucose added were used to model energy-starved and energy-replete conditions,
266 respectively.

267

268 **3.2 Glucose starvation enhances GLS flux and this enhancement contributes to** 269 **increased ammonia production**

270

271 Glutaminolysis is the series of biochemical reactions whereby the glutamine carbon
272 skeleton is converted to AKG to feed the TCA cycle. This process culminates in the
273 release of amino acid–derived ammonia (Figure 1A). We hypothesized that glucose
274 starvation-induced ammonia production is associated with enhanced glutaminolysis. We
275 therefore measured glutaminolytic flux to test our hypothesis. When cells were cultured
276 in glucose-starved medium, the ammonia concentration in the medium was higher than
277 for cells cultured in glucose-replete medium (Figure 1C). Most amino acids, including
278 glutamine (Figure 1C), presented negative concentration values (consumed) under both
279 glucose-replete and glucose-starved conditions (Supplementary Material 3). In contrast,
280 glutamate, aspartate, and alanine, the amino acids pertinent to glutaminolysis, presented
281 positive concentration values (secreted) (Figure 1C). We calculated the fluxes through
282 GLS, GLUD, and GOT by employing these values as described in section 2.1. We
283 excluded alanine, however, as it exhibited no significant difference between glucose-
284 replete and glucose-starved cultures. Our calculations indicate that when glucose was
285 replete, the fluxes through GLS and GLUD1 were 306.7 and $205.0 \mu\text{mol}\cdot\text{L}^{-1}\cdot 24 \text{ h}^{-1}\cdot 1 \times$
286 10^6 cells^{-1} , and contributed to 60.0% and 40.0% of total ammonia production,
287 respectively. Under glucose-starved condition, GLS flux significantly increased 1.42
288 times ($p < 0.05$) and GLUD1 flux exhibited a tendency to increase 1.43 times ($p =$

289 0.0787), respectively (Figure 1D). Thus, we found that GLS flux contributed to
290 ammonia production in glucose-replete condition. Because we used intact cells in our
291 experiments, the calculated GLS flux represents the apparent flux comprising the
292 activities of some additional factors such as plasma and mitochondrial membrane
293 glutamine transporters as well as cytosolic enzymes, including GLUL. This apparent
294 GLS flux value is expected to approximate that in the whole body.

295

296 **3.3 Levels of enzymes involved in glutamine metabolism are not significantly** 297 **affected by glucose starvation**

298

299 We next determined the transcript levels of three enzymes involved in glutamine
300 metabolism: *GLUD1*, *GLS*, and *GLUL*, in glucose-replete and glucose-starved
301 conditions. The level of *GLUD1* mRNA was 1.65 times higher under glucose-starved
302 conditions ($p < 0.05$), while there was no significant change in *GLS* and *GLUL* mRNA
303 levels (Figure 2A). In contrast, the protein levels of these enzymes did not change
304 significantly in glucose-starved conditions (Figure 2B). These results suggest that
305 regulation of protein levels is not an important mechanism for controlling the
306 degradation and synthesis of glutamine.

307

308 **3.4 Patterns of mitochondrial sirtuin expression suggests that sirtuins negatively** 309 **regulate glutaminolysis**

310

311 *GLS* and *GLUD1* activities are regulated through post-translational modifications of the
312 enzyme proteins; these modifications are mediated by three mitochondria-associated
313 sirtuins. *SIRT3* activates *GLUD1*,⁷ while *SIRT4* suppresses *GLUD1* in an mTOR-
314 dependent manner.^{8,9} *SIRT5* negatively regulates *GLS* activity by desuccinylation,¹⁰ and
315 stabilizes the enzyme.¹¹ Fasting has been found to both induce *SIRT5*¹² and activate
316 *GLUD1*.¹³ In this experiment, *SIRT3* mRNA levels decreased whereas *SIRT4* and *SIRT5*
317 mRNA levels increased under glucose-starved conditions, as opposed to glucose-replete
318 conditions ($p < 0.05$) (Figure 2C). Thus, the expression patterns of *SIRT3* and *SIRT4*
319 imply that these sirtuins suppress *GLUD1* activity under glucose starvation conditions.
320 Enhanced *SIRT5* expression serves to downregulate *GLS* under glucose-starved
321 conditions although it may also enhance *GLUD1* activity.¹³ Together, these expression
322 patterns imply that these sirtuins exert, if anything, negative feedback regulation of
323 enhanced glutaminolysis.

324

325 **3.5 DKG reduces ammonia production mainly by inhibiting GLUD1 activity in** 326 **cultured mouse embryonic fibroblasts**

327

328 The results described so far led us to hypothesize that normalization of enhanced
329 glutaminolysis could suppress excessive ammonia production. However, such a
330 suppressive intervention must ensure anaplerosis at the same time because
331 glutaminolysis is a major anaplerotic pathway.²¹ We focused on AKG, which is a known
332 inhibitor of GLUD,^{6, 22} that meets the two prerequisites. Ammonia production was
333 reduced by the addition of 2 mM DKG in glucose-replete medium, and also by the
334 addition of either 1 mM or 2 mM DKG in glucose-starved medium (Figure 3A).
335 Addition of 2 mM DKG increased the glutamate concentration, irrespective of glucose
336 presence (Figure 3C). Whereas, DKG supplementation at both 1 mM and 2 mM
337 consumed aspartate in glucose-replete as well as glucose-starved cultures, which was
338 suggestive of oxaloacetate anaplerosis (Figure 3D). In contrast, DKG addition did not
339 affect glutamine consumption under both glucose-replete and glucose starved conditions
340 (Figure 3B). To investigate the mechanism whereby DKG reduces ammonia production,
341 we determined the effects of DKG on fluxes through GLS, GLUD1, and GOT. Addition
342 of 2 mM DKG decreased fluxes through all three enzymes compared with the respective
343 control values that received no DKG under both glucose-replete and glucose-starved
344 conditions (Figure 3D, E, F). Such a DKG-induced decrease in flux was more obvious
345 in GLUD1 than in GLS. Notably, the DKG-induced decrease in GLUD1 flux was
346 associated with a concomitant increase in glutamate concentration but was not
347 accompanied by further glutamine consumption (Figure 3B, C). These results indicate
348 that DKG facilitates the reductive amination reaction catalyzed by GLUD1.
349 Furthermore, they suggest that either GLS flux was further checked in part by increased
350 glutamate, a known GLS inhibitor,^{4, 23} or that glutamine synthesis was stimulated.

351

352 **3.6 DKG reduces hyperammonemia in NH₄Cl-challenged mouse model and** 353 **OTCD newborn pig**

354

355 We first examined the hyperammonemia-mitigating efficiency of DKG in a mice model.
356 Mice challenged with 10 mmol·kg⁻¹ of NH₄Cl i.p.¹⁸ developed a mean plasma ammonia
357 concentration of 4.99 ± 0.32 mmol·L⁻¹ (mean ± SD) 30 min after dosing, compared with
358 0.08 ± 0.01 mmol·L⁻¹ in control mice that received saline. When 5 mmol·kg⁻¹ of DKG
359 was co-administered with the NH₄Cl dose, the plasma ammonia concentration only
360 reached 1.14 ± 0.28 mmol·L⁻¹ (22.8%) (Figure 4A), demonstrating that DKG reduces

361 plasma ammonia. Plasma glutamate showed a tendency to increase ($p = 0.05838$), but
362 glutamine concentration was not affected by the NH_4Cl challenge. By contrast, alanine,
363 aspartate, arginine, and ornithine concentrations increased (Figure 4A). When DKG was
364 administered along with NH_4Cl , plasma arginine concentration remained unchanged but
365 ornithine concentration increased. Consequently, the ornithine to arginine ratio
366 increased (0.376 ± 0.051 vs 0.516 ± 0.042 , $p < 0.05$, $n = 6$). These results suggested that
367 in these wild-type mice with normal urea cycle enzymes, ureagenesis was stimulated
368 when they received DKG in addition to NH_4Cl .

369 Next, we tested if DKG can also mitigate ammonia accumulation in a male
370 newborn pig with hyperammonemia due to OTCD.^{19, 20} The newborn pig first received
371 an i.v. bolus of $1.44 \text{ mmol} \cdot \text{kg}^{-1}$ DKG dissolved in 2 mL Hartmann solution containing
372 5% glucose (HSG), followed by infusion at a rate of $1.44 \text{ mmol} \cdot \text{kg}^{-1} \cdot 24 \text{ h}^{-1}$ diluted in
373 the same solution for the first 4 h. This solution was designed to supply $14.4 \text{ kCal} \cdot \text{kg}^{-1} \cdot 24 \text{ h}^{-1}$. The fluid was subsequently shifted to HSG alone (Figure 4B). Blood ammonia
374 continued to decline from the pre-DKG value of $171 \text{ } \mu\text{mol} \cdot \text{L}^{-1}$ (wild-type control value:
375 $37.8 \pm 16.0 \text{ } \mu\text{mol} \cdot \text{L}^{-1}$) during the first 4 h while DKG was being infused and following
376 two hours to reach 50.3% of the pre-infusion value at 6 h, and began to rise thereafter.
377 By contrast, plasma AKG level continued to rise while DKG was being infused, and
378 later began to fall, returning to the pre-infusion level 6 h into the experiment. Plasma
379 glutamine and glutamate continued to increase during DKG infusion but began to fall
380 following DKG withdrawal (Figure 4C), indicating that DKG stimulated glutamine
381 synthesis, while plasma alanine and aspartate concentrations decreased with time.
382 Together, DKG was also effective at decreasing ammonia concentration *in vivo*.

384

385

386 4 DISCUSSION

387

388 Our study demonstrates that enhancement of glutaminolysis triggers increased ammonia
389 production in energy starvation and it can be alleviated by optimizing glutaminolysis
390 activity. This observation was made in cultured MEFs which cannot synthesize urea.
391 Hence, this result may be applicable to most other organs that do not use the urea cycle.
392 However, *in vivo*, this observation is likely to be modified by the presence of the urea
393 cycle in the liver, the major ammonia removal system.

394 To determine which of the reactions in the glutaminolysis pathway is induced
395 by glucose-starvation, we calculated fluxes through pertinent enzyme reactions. We
396 thereby found that apparent GLS flux is 1.50 times greater than GLUD1 flux under

397 glucose-replete conditions. Moreover, we observed that this flux increases by 1.42 and
398 1.44 times, respectively, when glucose is withdrawn.

399 We excluded upregulation of expression of the pertinent enzymes both at the
400 level of mRNA and protein as the underlying mechanism. Regulation by post-
401 translational modification of these enzymes would only enable a negative feedback
402 pattern. Together, these enzyme fluxes are likely to be regulated mainly by substrate
403 concentrations, allosteric, and other factors related to GLS,^{4, 5} GLUD,^{6, 22, 24} and GLUL.²⁵

404 Our study indicates that DKG is effective at reducing ammonia production *in*
405 *vivo*, as well as *in vitro*. DKG was previously reported to reduce ammonia production in
406 cultured transformed cells.^{10, 26, 27} In patients with urea cycle disease, plasma AKG
407 declines in advance of hyperammonemic coma,²⁸ suggesting that hyperammonemia is
408 prevented to a certain extent by reductive amination at the expense of AKG *in vivo*.
409 However, how this compound works has not been addressed to date. Our flux analyses
410 in this MEF study indicate that both GLS flux and GLUD1 flux were reduced by the
411 addition of 2 mM DKG, and that GLUD1 flux was reduced to a greater extent than GLS
412 flux. In the *in vivo* situation, we expect that GLUD1 flux is similarly affected by DKG
413 as in MEF because this isoenzyme is expressed ubiquitously in various organs,
414 including the liver.^{6, 24} At least in the liver, the GLUD1 reaction is now thought to exist
415 in near thermodynamic equilibrium and hence runs in both directions.^{5, 6, 29, 30} Hence,
416 any rise in AKG concentration and subsequent decrease in intracellular NAD⁺/NADH
417 ratio would favor the reductive amination reaction to form glutamate. The resulting
418 glutamate is further aminated by GLUL to produce glutamine. Both amination reactions
419 consume ammonia.

420 In our MEF experiments, the concentration of aspartate in the medium was
421 higher in the glucose-depleted culture than in the glucose-replete culture. This result
422 indicates that even under glucose-depleted conditions, the transamination reaction forms
423 aspartate. Which of the two divergent pathways that convert glutamate to AKG is
424 predominantly used reportedly depends on a variety of factors, such as the origin of the
425 cells.⁵ Among these factors is glucose availability.³ This aspartate production may not
426 only serve as a repository of ammonia nitrogen, but to provide cellular building blocks
427 downstream of aspartate that are essential for cellular survival under energy-deprived
428 conditions. Further, DKG addition to the culture media seemed to stimulate reductive
429 amination to form glutamate.

430 In the same way, the observed changes in plasma glutamate and glutamine
431 concentrations over time in the OTCD pig during DKG infusion indicate that DKG
432 stimulates reductive amination reactions. Additionally, DKG either induces glutamine

433 synthesis or inhibits its degradation. Meanwhile, plasma concentrations of alanine and
434 aspartate continued to decrease during DKG infusion, which suggests that the
435 transamination pathway had become less active.

436 In the mouse experiment, plasma alanine and aspartate concentrations
437 increased but the glutamate concentration showed a tendency to increase while
438 glutamine concentrations remained unchanged in the NH₄Cl-challenged cohort
439 compared with the control cohort. These results suggest that the transamination
440 pathways are mostly active in NH₄Cl-challenged mice. Furthermore, in mice
441 administered with both DKG and NH₄Cl, concentrations of glutamate, glutamine,
442 alanine, and aspartate all decreased as compared to mice that received NH₄Cl alone.
443 These data imply that the exogenously loaded ammonia nitrogen was retained as neither
444 glutamine, aspartate, nor alanine. DKG may enhance ureagenesis because both plasma
445 ornithine concentration and the ornithine to arginine ratio increased. By contrast, in
446 MEFs, which do not use the urea cycle, increased ammonia seems to exist mostly in the
447 form of free ammonia and only a minor portion is temporarily retained as glutamate and
448 aspartate. The observations made during these three experiments suggest that DKG may
449 have pleotropic ammonia-reducing activities.

450 Additional mechanisms may also act to reduce ammonia. A rise in AKG-
451 induced succinyl-CoA flux would increase concomitant GTP production which
452 negatively modulates GLUD.²⁴ DKG has been reported to promote cellular protein
453 acetylation by increasing cytosolic acetyl-CoA.³¹ GLUD1 activity may be negatively
454 regulated by acetylation since GLUD activity increases following deacetylation.⁷ DKG
455 has the potential to improve the pathophysiology of hyperammonemic states in other
456 ways. DKG induces anaplerosis not only of AKG but also of oxaloacetate, which would
457 replenish acetyl-CoA. The concept of anaplerotic compensation with appropriate
458 substrates could be applied to the treatment of other diseases characterized by
459 anaplerotic defects such as organic acidemias. Another potential AKG function is either
460 restoring or stimulating protein synthesis, if not both. The mechanistic target of
461 rapamycin complex 1 is known to positively regulate protein synthesis³² and AKG is an
462 activator of the complex.^{33, 34} This leads us to pose two questions: whether
463 hyperammonemia inhibits body protein synthesis (anabolism), and whether AKG can
464 stimulate body protein synthesis regardless of the presence of hyperammonemia.

465 Our study suggests that DKG is effective in alleviating ammonia accumulation
466 both *in vitro* and *in vivo*. However, there remain several questions to be addressed
467 before AKG, DKG or other analogues can be developed as treatments for
468 hyperammonemia. First, it remains to be determined which of the interactions of DKG

469 with glutamine metabolism and its anaplerotic effect is the leading mechanism for
470 alleviating or preventing hyperammonemia. Related to this question, it must be
471 determined if DKG administration has an advantage over hypertonic glucose
472 administration, the established first-tier measure for treating hyperammonemia.
473 However, available evidence suggests that DKG has an ammonia-reducing effect that
474 cannot be replaced by glucose and therefore provides an additive therapeutic advantage.
475 In our MEF experiment, DKG addition decreased ammonia concentration in medium
476 irrespective of glucose availability. Additionally, in our OTCD pig experiment, blood
477 ammonia concentration continued to decline while the animal received DKG infusion
478 and began to rise only after DKG infusion was terminated. Furthermore, in the control
479 OTCD pigs that carried the same mutation and received no treatment, blood ammonia
480 increased continuously despite the control pigs receiving more glucose than the pig in
481 the present experiment.²⁰ Second, ammonia and HCO_3^- are generated from glutamine in
482 the renal proximal tubule, primarily to maintain the acid-base balance of the body's
483 extracellular fluids.³⁵ Because this is also a major route for ammonia excretion, DKG
484 administration may reduce ammonia disposal from the body. Additionally, the acid-base
485 balance of body fluids may be affected by HCO_3^- produced from administered DKG.
486 Third, in the presence of hyperammonemia, glutamine accumulates in astrocytes, and it
487 may cause astrocyte swelling and eventually lead to brain edema.³⁶ DKG may increase
488 glutamine concentration within astrocytes if administered after the ammonia
489 concentration in astrocytes has already increased to a certain level. Lastly, it is also
490 important to determine if an AKG salt also works like DKG. An AKG salt can work in
491 theory since Na^+ /dicarboxylate cotransporter 3 (NaDC3 , *Slc13a3*)³⁷ and an AKG carrier
492 (*Slc25a11*)³⁸ are found on the plasma membrane and mitochondrial membrane,
493 respectively, in various organs including liver and kidney.

494 Optimization of enhanced glutaminolysis combined with ensured adequate
495 anaplerotic flux to the TCA cycle is a novel and feasible strategy for treating
496 hyperammonemia.

497
498

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509

510 **CONFLICT OF INTEREST**

511 Kaori Fukui, Tomoyuki Takahashi, Hitomi Matsunari, Ayukuo Uchikura, Masahito
512 Watanabe, Hiroshi Nagashima, Naotada Ishihara, Tatsuyuki Kakuma, Yoriko Watanabe,
513 Yushiro Yamashita and Makoto Yoshino declare that they have no conflict of interest.

514

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516

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629

630 **Fukui et al., Legend to figures**

631

632 **FIGURE 1** Glucose starvation enhances ammonia production in cultured mouse
633 embryonic fibroblasts and is associated with increased glutaminolytic flux

634

635 A, Glutaminolysis feeds α -ketoglutarate (AKG) into the TCA cycle. Glutamine (Gln) is
636 hydrolyzed by glutaminase (GLS), which releases its γ -amino group, to produce
637 glutamate (Glu). Glu is further metabolized to AKG via two independent pathways. The
638 first pathway is transamination, catalyzed by glutamate oxaloacetate transaminase
639 (GOT) and glutamate pyruvate transaminase (GPT), which happens under glucose-
640 replete conditions. The second is oxidative deamination by glutamate dehydrogenase
641 (GLUD) under glucose starvation conditions. This reaction can be reversible; Glu is
642 regenerated by reductive amination. Glu is also aminated to regenerate Gln by
643 glutamate ammonia ligase (GLUL), a cytosolic enzyme. Ala, alanine; Asp, aspartate;
644 OAA, oxaloacetate and Pyr, pyruvate. Symbols indicate respective atoms: open circles
645 (\circ), carbons derived from glutamine; closed circles (\bullet), carbons from oxaloacetate or
646 pyruvate; closed squares (\blacksquare), nitrogen atoms; and α and γ underneath nitrogen atoms
647 represent their origins from α and γ positions of glutamine, respectively.

648 B, Ammonia concentration normalized by cell count increases as glucose (Glc)
 649 concentration falls. Mouse embryonic fibroblasts (MEF) were cultured in DMEM
 650 containing glucose at various concentrations as indicated for an additional 24 h after
 651 being cultured overnight. Bar charts represent mean \pm SEM. Means were compared by
 652 one-way ANOVA to determine significant differences; *, $p < 0.05$; **, $p < 0.01$; $n = 4$.

653 C, Concentrations of ammonia and relevant amino acids under glucose-replete (closed
 654 columns) and glucose-starved conditions (open columns). Bar charts represent mean \pm
 655 SEM. Means were compared by two-way ANOVA to determine significant differences;
 656 *, $p < 0.05$; ns, not significant; $n = 3$.

657 D, Fluxes through glutaminase (GLS), glutamate dehydrogenase (GLUD1) and
 658 glutamate oxaloacetate transaminase (GOT) under glucose-replete (closed columns) and
 659 glucose-starved conditions (open columns). Flux through GOT is equivalent to the
 660 aspartate concentrations. Bar charts represent mean \pm SEM. Means were compared by
 661 two-way ANOVA to determine significant differences; *, $p < 0.05$; ns, not significant; n
 662 = 3.

663

664 **FIGURE 2** Expression levels of enzymes (proteins) pertinent to glutamine
 665 metabolism and mitochondria-associated sirtuins under both glucose-replete and
 666 glucose-starved conditions

667

668 A, Expression levels of mRNA of *GLUD1*, *GLS* and *GLUL* genes, each normalized to
 669 glyceraldehyde 3-phosphate dehydrogenase gene (*GAPDH*) expression level. Bar charts
 670 represent mean \pm SEM. Means were compared by one-way ANOVA to determine
 671 significant differences; *, $p < 0.05$; ns, not significant; $n = 3$.

672 B, Protein levels of GLUD, GLS, and GLUL (bottom, $n = 4$ for each of glucose-replete
 673 and glucose-starved cultures). GLUD immunoblot with the first antibody used gives
 674 two bands; GLUD1 (lower bands) and GLUD2 (upper bands), respectively. Immunoblot
 675 for GLUL also produces two bands, which were summed for quantitative analysis. For
 676 quantitative comparison (top), the fluorescence intensity of a given band was
 677 normalized to that of β -actin to yield a “relative intensity.” Differences were determined
 678 by unpaired Student’s t-test and exact Wilcoxon signed rank test; ns, not significant; $n =$
 679 4.

680 C, Levels of *SIRT3*, *SIRT4* and *SIRT5* mRNA, each normalized to *GAPDH* mRNA
 681 level. Glc, glucose. Bar charts represent mean \pm SEM. Means were compared by one-
 682 way ANOVA to determine significant differences; *, $p < 0.05$; $n = 3$.

683

684 **FIGURE 3** DKG reduces ammonia production by inhibiting both GLUD1 and GLS
 685 fluxes in cultured mouse embryonic fibroblasts

686

687 Concentrations of glucose (Glc) and DKG in culture media are indicated below each
 688 column. Data shown in Figure 1D are reproduced in these graphs (columns 25/0 and
 689 0/0) as references. A, ammonia concentration; B, glutamine consumption; C, glutamate
 690 secretion; D, changes in aspartate concentration; E, flux through GLS and F, flux
 691 through GLUD1. Bar charts represent mean \pm SEM. Means were compared by two-way
 692 ANOVA; *, $p < 0.05$; **, $p < 0.01$; ns, not significant; $n = 3$.

693

694 **FIGURE 4** DKG alleviates experimental hyperammonemia in NH_4Cl -challenged
 695 mouse and pig with ornithine transcarbamylase deficiency

696

697 A, Each of the three cohorts of mice was subjected to intraperitoneal administration
 698 with one of the following medications: 1. saline alone (open columns), 2. $10 \text{ mmol}\cdot\text{kg}^{-1}$

699 NH_4Cl alone (closed columns), and 3. $10 \text{ mmol}\cdot\text{kg}^{-1}\text{NH}_4\text{Cl}$ and $5 \text{ mmol}\cdot\text{kg}^{-1}$ of DKG
 700 (shaded columns). Bar charts represent mean \pm SEM. Means were compared by two-
 701 way ANOVA to determine significant differences; *, $p < 0.05$; **, $p < 0.01$; ***, $p <$
 702 0.001 ; $n = 6$ for each cohort.

703 B, DKG reduces blood ammonia in ornithine transcarbamylase deficiency (OTCD)
 704 newborn pig ($n = 1$). This pig carried a five base-pair deletion (c.186_190delTCTGA) in
 705 exon 2 of the *OTC* gene. An intravenous bolus of $1.44 \text{ mmol}\cdot\text{kg}^{-1}$ of DKG dissolved in
 706 2 mL Hartmann solution containing 5% (w/v) glucose (HSG) was first administered
 707 (indicated by the closed arrow), at 3 h and 40 min after delivery followed by infusion at

708 a rate of $1.44 \text{ mmol}\cdot\text{kg}^{-1}\cdot 24 \text{ h}^{-1}$ for the first 4 h. Only HSG was infused thereafter. The

709 decline in blood ammonia concentration in the first four hour-period was determined
 710 significant as assessed by mixed effects models ($p < 0.001$). Plasma AKG concentration
 711 increased along with DKG infusion in the first 4 h period and then began to decline and
 712 returned to the pre-infusion level.

713 C, Plasma glutamine and glutamate continued to increase during DKG infusion, and
 714 later began to fall following DKG withdrawal. In contrast, alanine and aspartate
 715 continued to decline during the first four hours and afterwards at slower rates.

716

Supplementary Material 1

Enzymatic determination of ammonia using a 96-well plate

An enzymatic method using glutamate dehydrogenase (Bergmeyer H.U. and Beutler H-O, 1985) was adopted and modified to work on a 96-well plate by generating a standard curve with known amounts of NH_4Cl .

1. Preparation of solutions

1) Solution A

Dissolve 30.22 mg disodium 2-oxoglutarate (Tokyo Chemical Industry, Tokyo, Japan) and 4.1 mg ADP disodium salt (Oriental Yeast, Tokyo) in 10 mL 223.8 mmol/L triethanolamine (TAE) buffer (Fujifilm Wako, Osaka, Japan), adjusted to pH 8.0 with 5 mol/L HCl. Keep on ice until use.

2) Solution B

Dissolve 1.65 mg β -NADH (Oriental Yeast, Tokyo, Japan) in 1 mL 1% NaHCO_3 solution. Keep on ice until use.

3) Mix eight parts of Solution A with one part of Solution B (v/v). This mixture is termed "Solution AB."

4) Dilution of GDH enzyme (5x GDH)

Dilute bovine liver GDH (Sigma-Aldrich, Saint Louis, U.S.A., G2626) in Solution AB to provide 12 units of GDH enzyme/mL of assay mixture. This is typically made by diluting one volume of GDH preparation with 4 volumes of Solution AB to prepare "5x GDH." Let the 5x GDH mixture stand on ice until use.

5) Prepare NH_4Cl standard solution to generate a calibration curve.

First dissolve 267.45 mg NH_4Cl (Wako Pure Chemical, Osaka, Japan) in 10 mL double distilled water to prepare 5.0 mmol/L solution. Dilute it with double distilled water to prepare 2.5, 5.0, 7.5, and 10.0 nmol/30 μL solutions. Calibration curve is generated with known amounts of NH_4Cl in each assay because the microplate has some absorbance at 340 nm.

2. Dispensing of solutions and measurement

1) Use Greiner Bio-One UV-Star 96-well microplate. Standards and samples are all measured in duplicate.

2) Dispense 30 μL standard solutions containing 0 (water only, blank), 2.5, 5.0, 7.5, and

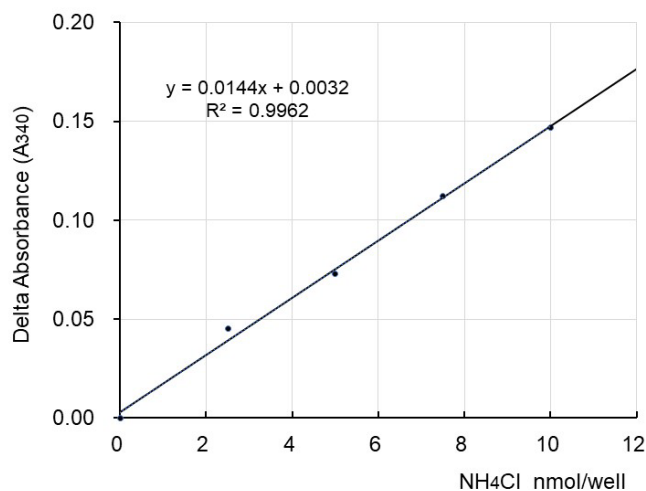
- 10.0 nmol NH₄Cl or 30 μL of appropriately diluted samples into each well.
- 3) Include 200 nmol/mL NH₄Cl solution as internal control in each assay.
 - 4) Add 90 μL of Solution AB into each well and mix gently by pipetting.
 - 5) Read and record absorbance at 340 nm (A₃₄₀) on BioTek Synergy HT plate reader (these values are termed “pre-read”).
 - 6) Start reaction by adding 5x GDH into wells, mix gently, incubate for 7 minutes at room temperature and read absorbance again (“post-read”).

3. Calculation

- 1) Calculate decrement between the pre-read and post-read values for both samples and standards. This difference is termed “delta read.” Subtract blank delta read from both standard and samples.
- 2) Generate calibration curve using blank-subtracted delta read values for standard solutions and calculate sample concentrations against the generated curve.

4. Results

- 1) A typical calibration curve is shown below. Concentration of NH₄Cl added to each well and read at A₃₄₀ is linear up to 10.0 nmol of NH₄Cl added. Therefore, samples must be adequately diluted to fall within this range.



Supplementary Material 2 Primer sequences and thermal cycling conditions for quantitative reverse transcription PCR

Primer names	forward primer (F)	reverse primer (R)	product size (bp)	Reference
mGlud1	5'-CAGGACAGGATATCGGGTGC-3'	5'-TCTCAGGTCCAATCCCAGGT-3'	134	present article
mGls	5'-GGCAAAGGCATTCTATTGGA-3'	5'-TTGGCTCCTTCCCAACATAG-3'	140	present article
mGlul	5'-GCGAAGACTTTGGGGTGATA-3'	5'-CAGTTTGTCAATGGCCTCCT-3'	155	present article
mSirt3	5'-ACAGCTACATGCACGGTCTG-3'	5'-ACACAATGTCTGGGTTTCACA-3'	127	Ref. 12
mSirt4	5'-GTGGAAGAATAAGAATGAGCGGA-3'	5'-GGCACAAATAACCCCGAGG-3'	112	Ref. 12
mSirt5	5'-CTCCGGGCCGATTCATTTCC-3'	5'-GCGTTCGCAAAACACTTCCG-3'	136	present article
mGapdh	5'-CCAGAACATCATCCCTGCATC-3'	5'-CCTGCTTCACCACCTTCTTGA-3'	196	Ref. 17

Thermal cycling conditions employed: Denaturation at 98°C for 30 s, annealing at 59°C for 30 s and extension at 59°C for 60 s per cycle, and after 28–30 cycles, further elongation at 72°C for 30 s.

Supplementary Material 3

Effects of glucose availability and dimethyl α -ketoglutarate (DKG) addition on amino acid flux ($\mu\text{mol}\cdot\text{L}^{-1}\cdot 24\text{ hrs}^{-1}\cdot 1\times 10^6\text{ cells}$, $\text{M} \pm \text{SD}$)

Glc/DKG (mM)	25/0	25/1.0	25/2.0	0/0	0/1.0	0/2.0
Taurine	-11.87 ± 2.59	-10.21 ± 6.85	-12.09 ± 4.77	-13.13 ± 3.46	-14.95 ± 2.47	-20.87 ± 10.86
Aspartate	-11.87 ± 6.44	-10.21 ± 6.11	-12.09 ± 7.55	-13.13 ± 8.57	-14.95 ± 9.98	-20.87 ± 13.43
Threonine	-82.68 ± 37.82	-90.66 ± 58.12	-132.66 ± 53.54	-171.39 ± 45.39	-174.54 ± 112.9	-223.62 ± 185.53
Serine	-229.00 ± 49.85	-207.99 ± 71.43	-262.09 ± 61.56	-333.69 ± 27.62	-342.69 ± 104.85	-397.87 ± 180.81
Glutamate	84.87 ± 42.85	117.66 ± 34.45	165.46 ± 53.21	109.89 ± 11.26	229.43 ± 63.28	248.14 ± 61.66
Glutamine	-769.16 ± 112.40	-645.05 ± 200.10	-744.34 ± 77.93	-1048.08 ± 92.54	-969.68 ± 303.54	-922.08 ± 350.82
Proline	14.24 ± 23.00	2.60 ± 18.03	-2.05 ± 6.42	17.46 ± 10.85	14.42 ± 55.38	63.27 ± 30.69
Glycine	-42.36 ± 13.46	-56.40 ± 16.21	-82.11 ± 32.17	58.01 ± 16.54	69.31 ± 24.48	44.75 ± 62.47
Alanine	335.21 ± 181.36	275.17 ± 168.02	317.62 ± 167.39	394.58 ± 34.05	429.75 ± 64.44	458.32 ± 95.53
Citrulline	25.01 ± 10.07	22.08 ± 11.07	21.38 ± 13.00	39.00 ± 11.85	43.17 ± 9.96	46.47 ± 7.57
Valine	-157.08 ± 55.10	-165.74 ± 63.75	-207.93 ± 78.1	-260.73 ± 45.21	-285.06 ± 126.23	-341.64 ± 206.98
Cystine	-178.19 ± 192.14	-143.06 ± 135.14	-203.08 ± 205.44	-37.01 ± 39.16	-33.02 ± 70.92	-44.94 ± 87.14
Methionine	-36.55	-38.64	-44.19	-59.76	-61.47	-70.25

	±21.24	±20.75	±22.29	±10.74	±21.51	±32.82
Isoleucine	-209.94	-232.41	-314.35	-352.67	-410.21	-496.39
	±52.65	±60.47	±60.39	±63.05	±124.57	±229.31
Leucine	-241.48	-255.00	-325.18	-397.01	-479.58	-569.97
	±99.79	±95.61	±127.67	±55.48	±144.34	±261.28
Tyrosine	-40.07	-45.79	-52.32	-106.30	-107.19	-117.39
	±26.76	±26.61	±32.29	±15.00	±33.84	±47.07
Phenylalanine	-55.54	-57.05	-60.38	-95.73	-94.97	-105.44
	±33.80	±37.19	±49.57	±10.86	±41.60	±70.90
Ornithine	2.68	0.72	-5.11	-3.62	-5.67	-10.21
	±2.32	±1.28	±2.85	±7.47	±4.14	±4.28
Histidine	-21.53	-26.70	-28.32	-9.01	-21.77	-30.10
	±27.20	±23.89	±28.71	±9.01	±21.77	±30.10
Lysine	-153.58	-144.46	-166.24	-210.54	-240.34	-257.18
	±67.18	±75.17	±87.65	±56.15	±91.63	±132.62
Arginine	-96.80	-92.63	-117.38	-129.37	-136.33	-151.82
	±45.55	±47.13	±50.15	±7.37	±41.86	±85.95
